Euthanasia of Zoological Companion Animals

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Outline

- Introduction What is Euthanasia?
- General Process
- Review Taxa Small Mammals, Avian, Reptiles
 - Vascular Access
 - Sedation
 - Euthanasia
 - Confirmation of Death
- Resources

What is Euthanasia?

- eu = good
- thanatos = death

AVMA Guidelines for the Euthanasia of Animals: 2020 Edition*

"[E]nding the life of an individual animal in a way that minimizes or eliminates pain and distress. A good death is tantamount to the humane termination of an animal's life."

Goals of Euthanasia

For the ANIMAL

- Induce death in a matter than is in accord with an animal's interest and/or because it is a matter of welfare
- Use humane techniques to induce the most rapid and painless and distress-free death possible

For the OWNER

- Facilitate as peaceful a transition as possible
- Provide an opportunity to say goodbye

Goals of Euthanasia (con't.)

- Highest degree of respect
- Emphasis on making the death as painless and distress free as possible
- Handling and technique should minimize distress experienced by the animal prior to loss of consciousness

- Rapid loss of consciousness
- Cardiac and respiratory arrest
- Loss of brain function

While complete absence of pain and distress cannot always be achieved, balance the ideal of minimizing pain and distress with what is possible

General Process

Aftercare

 Review protocol and expectations The Owner Will they be present for some, all, or none? Is it possible to obtain? **IV** Access Will sedation be required? What is the intended depth? Sedation Drug protocol and route Route and volume Euthanasia Confirmation of death

Body disposition

Keepsakes - fur, feathers, ink prints

It is vital that the owner have the option to spend time with their pet PRIOR TO SEDATION and to maximize time together

Intravenous Catheters

- IVC typically facilitates an easier and more efficient euthanasia
- Owner can hold the pet
- Some patients will require sedation for placement
- Balance stress of placement, time away from owner, risk of IVC placement failure





Intraosseous Catheters

- Do not place just for euthanasia
 - Pain
 - Risk of fracture
- Use if already in place
- Reptiles and mammals
 - Femur, tibia
 - Very challenging in chelonians
- Birds
 - Proximal tibiotarsus
 - Proximal ulna







Sedation

- Route of administration
 - IV
 - o IM
 - o SQ
- No intent to recover
- Intended depth
 - IVC placement mild to moderate
 - Pentobarbital IV without IVC moderate to severe
 - Pentobarbital intracardiac anesthetic level MUST BE COMPLETELY
 NON-RESPONSIVE TO NOXIOUS STIMULI





Transmucosal Pentobarbital?

- Some species more tolerant than others
- May meet the definition of euthanasia but IS NOT CURRENTLY IN AVMA

Guidelines for Euthanasia

700/Wildlife

Evaluation of Oral Transmucosal Administration of Pentobarbital for Euthanasia of Conscious Wild Birds

Sara Gardhouse , Hugues Beaufrere, Michelle G. Hawkins, David Sanchez-Migallon Guzman, Sarah Jajou & Ioanne Paul Murphy

Pages 4-14 | Published online: 10 Apr 2021

66 Cite this article https://doi.org/10.1080/10888705.2021.1911655



A JVR



Transmucosal pentobarbital is a successful euthanasia method in pond slider turtles (Trachemys scripta)

Zachary C. Ready, DVM1.2, and Krista Keller, DVM, DACZM1.2*

AJVR



Transmucosal administration of pentobarbital and phenytoin solution induces euthanasia in bearded dragons (Pogona vitticeps)

Amanda D. Wong, DVM1-2; Danielle M. Lang, DVM1-2; Jacob P. Dalen, BS1; Denise M. Imai. DVM. PhD. DACVP3: Krista A. Keller, DVM, DACZM12.4*

How to Explain Intracardiac to a Client?

- "Because XX is so small [or compromised], we can't place an IV catheter the way we'd like to, like we normally can in cats and dogs."
- "So, the best way for me to help XX is to give the solution in a large vessel in the chest. XX won't feel anything while I'm doing this I'll make sure of it before I give the medication."
- "You can still be with XX while this is happening."

Euthanasia

- Number of people present
 - Veterinarian
 - Owner
 - Veterinary technician
- Location of the patient
 - Owner's lap vs on a table
 - Who will restrain or position for administration?
- Administer pentobarbital, confirm death
 - Volume provided in charts at the end
- Provide owner the option to spend time with the body

Aftercare

- Fur
- Feathers
- Prints
 - Ink especially feathers
 - Foam
 - Include tail rats, lizards
 - Shell imprint for chelonians
- Private vs group cremation, take home for burial







Vascular Access – Cephalic Vein

- Recommended first
- Rabbits, guinea pigs, chinchillas, and ferrets
 - Shorter forearms
 - Tourniquet style for holding off
- Smaller more delicate veins → 26g or 24g catheters
- Standard wrapping technique



Vascular Access – Lateral Saphenous and Popliteal Veins

• Sick, non-ambulatory rabbits

Challenging to secure in guinea pigs, ferrets,

chinchillas





Vascular Access – Marginal Ear and Tail Veins

- Marginal ear vein
 - Rabbits
 - Fragile and delicate
 - Pentobarbital can be thick DILUTE
- Tail vein
 - Rats
 - Sedation/anesthesia





C/O Sarah

Sedation Protocols for Small Mammals

- If IVC/IOC is present
 - Midazolam 1-2 mg/kg
 - Propofol 1-3 ml
- IM or SQ administration
 - Ketamine 50-100 mg/kg + dexmedetomidine 0.1-0.3 mg/kg
 - Intracardiac pentobarbital
 - Midazolam 1-2 mg/kg + ketamine 5-10 mg/kg + butorphanol 1-2 mg/kg
 - IVC placement





Euthanasia Administration

- IVC, IOC
- Intracardiac*
- Intraperitoneal*
 - Potential for peritoneal irritation and pain
- Intra-renal*

*MUST BE COMPLETELY NON-RESPONSIVE TO NOXIOUS STIMULI





Intra-Renal Euthanasia in Rabbits

- Respiratory arrest
 - \circ IV 11 seconds
 - IR 3 minutes
- Cardiac arrest
 - IV − 12 seconds
 - IR 6 minutes

COMPARISON OF INTRARENAL AND INTRAVENOUS EUTHANASIA IN RABBITS (*ORYCTOLAGUS* CUNICULUS)

Jessica LeGrand, DVM

Sarah Ozawa DVM, DACZM

Marnie Metzler DVM, PhD, DACLAM

Jenny Estes DVM, DACLAM

Nina A. Moiseiwitsch

Jazz Stephens, DVM

Olivia A. Petritz DVM, DACZM

NC STATE College of Veterinary Medicine

- 7/25 needed rescue pentobarbital but IR 100% successful
- No distress
- Is up to 15 minutes before death acceptable?

Confirmation of Death

- Similar to cats and dogs
- Cessation of breathing and heart beat
- Absent corneal reflex, fixed dilated pupil
- Eyes will **NOT** close
- Method = stethoscope

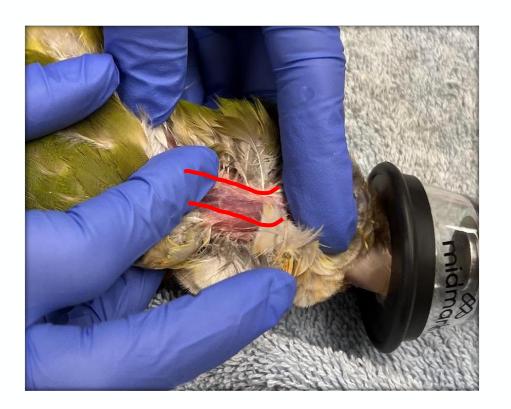






Vascular Access – Jugular Vein

- Recommended first
- RIGHT jugular larger than left
- Apterylae = featherless tracts
- Venipuncture and direct administration

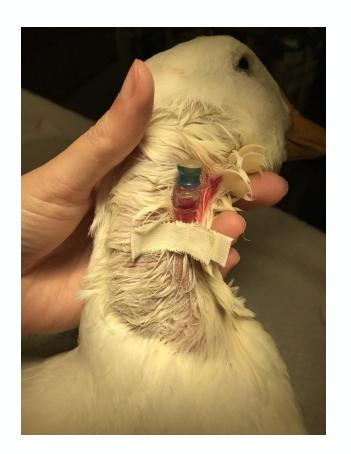


Vascular Access – Jugular Vein (con't.)

IVC placement in waterfowl and poultry

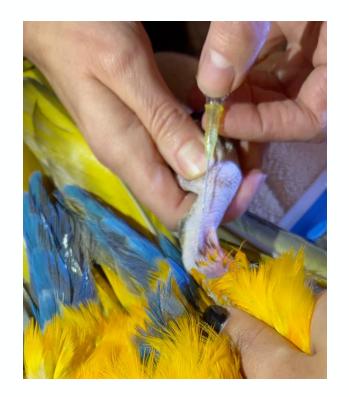






Vascular Access – Medial Metatarsal Vein

- Larger parrots, all waterfowl and poultry
- IVC placement, butterfly catheter



Sedation Protocols for Birds

- If IVC/IOC is present
 - Midazolam 2-4 mg/kg
 - Propofol 1-3 ml
- IM administration
 - Parrots, pigeons/doves, perching birds
 midazolam 4-10 mg/kg + butorphanol
 4-10 mg/kg
 - Waterfowl, poultry ketamine 1 ml + dexmedetomidine 1 ml
- Sevoflurane PRN NOT PRIMARY



Complications of Euthanasia in Birds

- Some birds may flap or vocalize if not adequately sedated prior to pentobarbital
 - Consider forewarning owners
 - Ensure a firm toe or carpal pinch
- If an owner would like to be present – discuss positioning for jugular vein





Euthanasia Administration

- IVC
- IOC*
- Intracoelomic*
 - Potential for air sac administration (respiratory compromise, irritation, delayed absorption)
- Intracardiac*
 - Very challenging to impossible

*MUST BE COMPLETELY NON-RESPONSIVE TO NOXIOUS STIMULI

Confirmation of Death

- Similar to cats and dogs
- Cessation of breathing and heart beat
- Absent corneal reflex, fixed dilated pupil
- Eyes will CLOSE
- Method = stethoscope



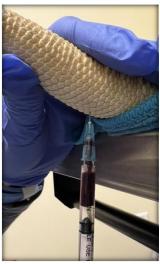


Vascular Access – Lizards – Coccygeal Tail Vein

- Recommended first
- Ventral to vertebrae
- Approach
 - Ventral
 - Lateral









Vascular Access – Lizards – Jugular Vein

- Lateral recumbency
- Lymph contamination
- Increases distress prior to sedation
- Not recommended unless for pentobarbital administration



Vascular Access – Snakes

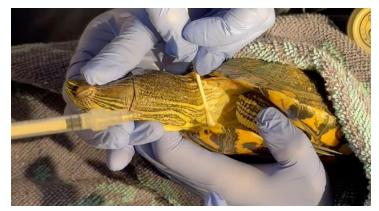
- Relatively challenging
- Strongly consider prioritizing IM/SQ sedation
- Coccygeal tail vein
 - Ventral to vertebrae
- Cardiac centesis?

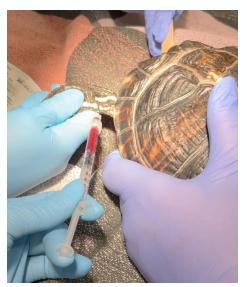




Vascular Access – Chelonians

- Jugular vein
 - Recommended first
- Coccygeal tail vein
 - Dorsal to vertebrae
- Brachial plexus
- Subcarapacial sinus?
- Post-occipital sinus?







Complications of Euthanasia in Reptiles

- Tolerance to hypoxic and anoxic environments
 - Heart can continue to beat even if EEG consistent with death
- Death traditionally defined by absence of heart beat/electric activity
 - Not unusual to supplement with KCl 2 mEq/kg IV or intracardiac after high-dose pentobarbital administration
- Euthanasia takes longer than birds and mammals forewarn owners
- HYPOTHERMIA IS NOT AN ACCEPTABLE METHOD OF EUTHANASIA

"[...T]he application of 2 or more euthanasia procedures is usually recommended." "Death should always be confirmed by physical intervention."

Sedation Protocols for Reptiles

- IM/SQ injections in CRANIAL THIRD OR CRANIAL HALF
 - Renal and hepatic portal systems
- Ectothermic keep warm to metabolize drugs
- Lizards and snakes
 - Ketamine 100 mg/kg + dexmedetomidine0.5 mg/kg
- Chelonians
 - Ketamine 100 mg/kg + dexmedetomidine
 0.5 mg/kg ± alfaxalone 10 mg/kg



"Chemical restraint at high doses may serve as a first or preparatory step of euthanasia in some situations."

Euthanasia Administration

- IV
- Intracoelomic*
 - No mention of irritation but mammals and birds are recommended to be nonresponsive to stimuli
 - Consider the same for reptiles
- Intracardiac*
- Pithing as second-step*



*MUST BE COMPLETELY NON-RESPONSIVE TO NOXIOUS STIMULI

For Your Reference

End-of-Life Decisions

Palliative Care, Hospice, and Euthanasia for Exotic Animals

Angela M. Lennox, DVM, DABVP (Avian, Exotic Companion Mammal), DECZM (Small Mammal)

Comparison of intraosseous pentobarbital administration and thoracic compression for euthanasia of anesthetized sparrows (Passer domesticus) and starlings (Sturnus vulgaris)

Joanne R. Paul-Murphy DVM

Andrew Engilis Jr

Peter J. Pascoe BVSc

D. Colette Williams PhD

Kate A. Gustavsen PhD, DVM

Tracy L. Drazenovich DVM

M. Kevin Keel DVM, PhD Tamsen M. Polley MS

Irene E. Engilis

OBIECTIVE

To compare intraosseous pentobarbital treatment (IPT) and thoracic compression (TC) on time to circulatory arrest and an isoelectric electroencephalogram (EEG) in anesthetized passerine birds.

ANIMALS

30 wild-caught adult birds (17 house sparrows [Passer domesticus] and 13 European starlings [Sturnus vulgaris]).

PROCEDURES

Birds were assigned to receive IPT or TC (n = 6/species/group). Birds were anesthetized, and carotid arterial pulses were monitored by Doppler methodology. Five subdermal braided-wire electrodes were used for EEG.

9 March 2022

Evaluation of Euthanasia Methods Using Injectable Agents in Leopard Geckos (Eublepharis macularius)

Kyra Knutson, Olivia Petritz, Mandy Womble, Gregory A. Lewbart, Julie A. Balko

Author Affiliations +

J. of Herpetological Medicine and Surgery, 32(1):35-41 (2022). https://doi.org/10.5818/JHMS-D-21-00006

Monitor JAVMA and AJVR for new information

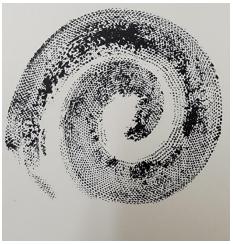
Confirmation of Death

- Respiratory arrest
- Absent corneal reflex
- Eyes will close
- Primary method = DOPPLER or ULTRASOUND
 - No heartbeat for 2 minutes
- Keep overnight?









Species	ecies IVC Sedation Sedation level		Pentobarbital route	Amount	
Rabbit	Easier Cephalic Lateral saphenous Marginal ear vein	Midazolam IV OR Combo IM	Midazolam - mild to moderate Combo – deep/light anesthesia	 IV catheter IV using butterfly (lateral saphenous) 	1-2 mL
Guinea pig	Moderate, may need sedation Cephalic	Midazolam IV OR Combo IM or SQ	Deep/light anesthesia	 IV catheter Intracardiac Butterfly in popliteal vein 	0.5-1 mL
Chinchilla	Hard Cephalic	Midazolam IV OR Combo IM or SQ	Deep/light anesthesia	 IV catheter Intracardiac 	0.5-1 mL
Small rodent (rat, mouse, hamster, gerbil)	Hard to impossible	Combo IM or SQ Add gas if needed	Light anesthesia	1. Intracardiac	0.25-0.5 mL
Ferret	Easier Cephalic	Midazolam IV or IM	Mild to moderate	 IV catheter Vena cava 	0.5-1mL
Hedgehog	Hard	Combo IM or SQ Add gas if needed	Light anesthesia	 Intracardiac Vena cava 	0.5-1 mL
Sugar gliders	Hard to impossible	Combo SQ Add gas if needed	Moderate	 Intracardiac Vena cava 	0.5 mL

Group	IVC	Sedation	Sedation level	Pentobarbital route	Amount
Passeriformes (canaries, finches)	Impossible	Combo IM Once sedated, supplement with gas anesthesia via facemask	Prior to gas inhalation: typically moderate to deep sedation With gas inhalation: anesthesia and nonresponsive to all stimuli	1. Jugular vein	0.1-0.2 mL
Small parrots (budgies, cockatiels, conures)	Hard to impossible			1. Jugular vein	0.25-0.4 mL
Columbiformes (doves, pigeons)	Hard			1. Jugular vein	0.5-1 mL
Large parrots (African greys, Amazons)	Requires sedation Medial metatarsal Ulnar vein			 Jugular vein IV catheter Butterfly in medical metatarsal vein 	1-1.5 mL
Galliformes (chickens, turkeys, peafowl)	Easier Medial metatarsal			 IV catheter Butterfly in medial metatarsal vein Jugular vein 	Chickens: 1-2 mL Turkeys and peafowl: 2-4 mL
Waterfowl (geese, ducks)	Easier Medial metatarsal			 IV catheter Butterfly in medial metatarsal vein Jugular vein 	3-5 mL

	humeral, tibial				
Snakes	Hard to impossible IOC not possible	Combo IM or SQ	Deep an esthesia	1. Intracardiac	1-2 mL *may require additional KCl 2 mEq/kg*
Chelonians	May require sedation Jugular IOC may be considered but is exceptionally challenging — humeral, tibial	Combo IM, IV, or SQ		 IV catheter Jugular vein Dorsal coccygeal vein Brachial plexus Subcarapacial sinus Post-occipital sinus Intracardiac (hatchlings only) 	< 4 kg: 1 -3 mL ≥ 4 kg: 5 – 10 mL *may require additional KCl 2 mEq/kg*
REMEMB	BER: Patients need to be AN	ESTHETIZED and	I NON-RESPONSIVE	to a noxious stimulus before intracard	diac pentobarbital

Group

Lizards

IVC

Hard to impossible

IOC may be

considered –

Sedation

Combo IV,

IM, or SQ

Sedation

level

Pentobarbital route

Jugular vein

Intracardiac

Ventral coccygeal vein

1.

2.

3.

Amount

0.5-2mL

Resources

- AVMA Guidelines for the Euthanasia of Animals: 2020 Edition
- Exotic Animal Emergency and Critical care (eds Graham, Doss, Beaufrère)



QUESTIONS?

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NOTICE

CE credit certificates & presentation slides will be emailed to you. If you do not receive an email with this information within a week, contact Nichole - nicholemanfredi@capecodvetspecialists.com

